



RECRUIT TRAINING SEABAG REQUIREMENTS

FORT CUSTER COMBINED TRAINING

All items must be labelled with your last name. For stencilling on black items such as socks – use the silver sharpie pen. All cadets have the same sea bag list, same items – labelling is essential. All items must fit in Seabag except bedding. Bedding may be placed in a garbage bag. To speed up seabag inspection, put all like items in zip lock bags with contents & amount labelled on the outside.

NSCC DRESS WHITE UNIFORM		
# Required	Item	Packed
1	White “Dixie Cup” Cover	
1	Dress White Uniform Jumper with USNSCC flashes	
1	Ribbon Bar with earned ribbons for graduation	
1	Black Neckerchief (MUST be regulation, not ‘home made’)	
1	White crew t-shirts; please send your cadet with new ones that fit snugly (size smaller than they usually wear) to avoid wrinkles under dress white uniforms.	
1	Pair White underwear for wear with Dress White Uniform	
1	Dress White Uniform Pants (NO skirts for females)	
1	Pair black dress shoes	
1	White belt with silver tip and silver buckle.	
DAILY WORKING UNIFORM NSCC		
# Required	Item	Packed
3 SETS	Authorized working uniforms NWU Type I and/or NWU Type III. You may only have 2 sets; bring both.	
2	8 point covers, NWU Type I and/or NWU Type III	
8	Pairs of underwear.	
1	Black belt w/silver tip	
6	Crew neck T-shirts (blue if Type I or coyote brown if Type III). We recommend one size smaller t-shirt than usually worn to keep collar high and tight	
1	Pair of black working boots (WELL broken in. Buy this item at least a month in advance and wear them daily. Improperly broken in footwear is the number one cause of cadets getting sent home because of blisters so severe they can’t walk). Additional insoles may be worn for extra comfort	
2	Pairs of blousing straps. Blue for Type I & green for Type III	
8	Pairs plain black socks (Sufficient fresh socks prevent foot problems)	
1	Shoeshine kit	
PHYSICAL TRAINING KIT		
# Required	Item	Packed
2	Sets of “Official” NSCC PT Kit or (Gold Shirt and Blue Shorts) available from Vanguard Industries. https://www.vanguardmil.com/collections/ns-nlcc-clothing	
7	Pairs white socks for PT (not the ankle ones)	
1	Pair of athletic running shoes	
3	Sports bra’s (female Cadets - more is better for above laundry reasons)	
1	Set sleeping gear (navy blue shorts and a white t-shirt)	
1	Swimsuit; plain blue or black. Female cadets need a one-piece swimsuit in plain blue or black.	
PERSONAL HYGIENE KIT		
# Required	Item	Packed
1	Toiletry kit with hygiene supplies (shampoo, shower gel, toothbrush, toothpaste, shaving gear, fingernail clippers, deodorant - NO SPRAYS or colognes/perfumes)	
1 Kit Containing	Females may bring moisturizer – NO cosmetics. Feminine products (all, female cadets should bring a small quantity regardless of the date of their cycle) 1 Comb/brush and Female Hair Care Items: bobby pins, rubber bands to secure long hair. Fingernail clippers	

1	Pair of non-slip black shower shoes (flip flops)	
2	White towels (your Division can order these from Sea Cadet Uniform Depot)	
1	Small tube of high SPF sunscreen	
1	Beach towel	
1	Large Mesh laundry bag (for major uniform items – blouses & pants) purchase at a dollar store	
1	Small mesh laundry bag (For underwear/socks) purchase at a dollar store	
MISCELLANEOUS ITEMS		
# Required	Item	Packed
1	USNSCC ID Card	
1	Service Record	
1	Flashlight w/ fresh batteries	
4	White plastic hangers. One for each uniform (purchase at a dollar store)	
1	Sewing Kit	
1 + 1	1 black Sharpie & 1 silver Sharpie	
7	Stamped pre-addressed envelopes w/paper for letters home	
1	Small pencil case	
2	Ball point pens (black or blue)	
1	Wristwatch STAFF CADETS only	
1	Contact Lenses: Cadets who wear contact lenses should bring a pair of regular glasses to wear as necessary.	
1	Green Seabag w/last name on bottom in capital block letters.	
BEDDING ITEMS		
# Required	Item	Packed
1	Set bunk twin size WHITE sheets – top, fitted, and pillow case	
1	Pillow	

ADDITIONAL NOTES:

- EVERYTHING MUST FIT IN YOUR SEABAG, NO other garment or dry-cleaning bags desired. **THE ONLY** exception to this is the bedding which may be brought in a bag.
- Ask your training team how to pack your dress whites in your Seabag correctly. Everything listed can fit in your Seabag if folded perfectly. You will carry your Seabag to the barracks; pack wisely.
- Vanguard Industries, <https://www.vanguardmil.com/collections/ns-nlcc-clothing>
- Coyote brown t-shirts, Amazon, Soffe men's 3 pack military tee in coyote brown \$21.99
- **If it is not listed in the table above – you don't need it, so don't bring it.**

A NOTE ABOUT LAUNDRY

- There are limited laundry facilities on the base, and cadets will **not** be given the opportunity to do laundry individually whenever they wish. Cadet laundry items are washed together assembly-line fashion on a schedule to maximize efficiency. For this reason, it is essential that all cadet items be labelled and that they bring enough items like socks and underwear, which sometimes need to be changed more frequently than once per day. Socks and undergarments will be washed together in each cadet's own pre-labelled large or small mesh laundry bag.